Aretha Franklin '150 percent' ready for first post-surgery concert - DailyIndia.com

Written by Administrator Thursday, 17 February 2011 04:55 -

From ANI

London, Feb 17: Fans can expect to see more of Aretha Franklin in the coming months.

The 'Queen of Soul' has revealed that she is '150 percent' ready to return to the stage and plans to give her first post-surgery concert at the Seneca Niagara Casino in Buffalo, New York, on May 28, reports the Telegraph.

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is the same month that Wal-Mart Stores Inc. will release her long-awaited album 'Aretha: A Woman Falling Out of Love'.

The Grammy Award-winning singer also revealed that she has given up her beloved junk food in a bid to get healthy following her surgery in December 2010.

"I want to not only maintain the weight I am at now, but better it, by one dress size," she said on Wednesday in a phone interview.

Since her surgery, Franklin has been working out and walking on a track three times a week for at least a mile.

She has given up her beloved chitterlings, pigs' feet and ham hocks in favour of a health foods diet, and she hopes to get down to a size 16.

"They're off my diet. They just really don't fit with Whole Foods. I had it for enough years that I don't miss it. You can't continue to eat things that are not good for you," said Franklin.

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